TRUST THE FACTS, GET THE VAX!



Health Unit • Bureau de santé

Fact #1 Vaccines work.

- Vaccination is one of the most effective ways to protect your health. Vaccines work with the body's natural defences to develop protection against a disease.
- One dose provides 60-80% protection from infection. A second dose provides over 80% protection.
- Vaccines can help prevent severe disease and COVID-19 related hospitalization by 70 to 90%.

Fact #2 All COVID-19 vaccines are safe.

• Only vaccines that are proven to be safe, effective and of high quality are authorized for use in Canada. The COVID-19 vaccines have been rigorously tested during their development and then carefully reviewed by Health Canada.

Fact #3 Vaccines do not cause COVID-19 infections

• The vaccines cannot give you COVID-19 because they don't contain the virus that causes it. The vaccines also cannot change your DNA.

Fact #4 You are much more likely to get a serious complication from a COVID-19 infection than the vaccine.

- COVID-19 infections that require hospitalization range from 18.9% to 31.4% with 13.8% to 20% being serious and 4.7% to 28% being critical.
- Serious adverse events following immunization is 3.3%.

Fact #5 The COVID-19 vaccines are the way out of this pandemic.

- Data to date shows reduced spread of COVID-19 in populations, regions, or facilities with higher rates of vaccination or those that were vaccinated earlier than others.
- As we continue to have individuals vaccinated, our community becomes more protected but we'll need to continue to follow the public health measures for awhile yet.

STICK IT TO THE VIRUS